

NEW from BIOptimizers

Introducing STRESS GUARDIAN – Resilience in a Pill

A doctor developed adaptogenic blend containing **14 botanicals** designed to help the body unlock its natural stress resilience and support a healthy HPA axis. With both herbs and mushrooms, this blend will enhance the body's natural ability to cope with stress on a daily basis.*



FEATURES

- ✔ A synergistic blend of adaptogens to support the HPA axis and address the negative effects of chronic stress*
- ✔ Eleutherococcus works synergistically with astragalus and schisandra to support healthy adrenal and immune function*
- ✔ Reishi mushroom, classified in Traditional Chinese Medicine as a shen tonic, helps support overall vitality and well-being*
- ✔ Cordyceps works in synergy with eleutherococcus and astragalus to support healthy adrenal function*
- ✔ In Traditional Chinese Medicine, licorice is considered a “harmonizer”, balancing and enhancing the effects of other herbs in the formula*

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 15

| | Amount Per Serving | % DV |
|---|--------------------|------|
| Proprietary Blend | 2,001 mg | ** |
| <small> Eleutherococcus (<i>Eleutherococcus senticosus</i>) (root/stem), Astragalus (<i>Astragalus membranaceus</i>) (root), Reishi (<i>Ganoderma lucidum</i>) (fruiting bodies), Fo-Ti (<i>Polygonum multiflorum</i>) (cured root tuber), Goji (<i>Lycium barbarum</i>) (fruit), Licorice (<i>Glycyrrhiza uralensis</i>) (root/rhizome), Schisandra (<i>Schisandra chinensis</i>) (fruit), Asian Ginseng (<i>Panax ginseng</i>) (root), Tienchi Ginseng (<i>Panax notoginseng</i>) (root), Chinese Sage (<i>Salvia miltiorrhiza</i>) (root/rhizome), Kudzu (<i>Peararia lobata</i>) (root), Chinese Peony (<i>Paeonia lactiflora</i> Pall.) (root without bark), Cordyceps (<i>Cordyceps militaris</i>) (fruiting bodies), Rhodiola (<i>Rhodiola rosea</i> L.) (whole plant) </small> | | |

** Daily Value not established

Other Ingredients: Hypromellose capsule.

45ct



90ct



Directions: Take 3 capsules up to twice daily during periods of occasional stress or as directed by your healthcare practitioner. To enhance effects, take with 1-2 grams of healthy fats such as algae oil, MCT oil, krill oil, or fish oil. Avoid taking after 6 pm as it may interfere with sleep.

Form: Veg Caps

Available Sizes: 45/90 ct

Item Codes: 5085 (45 ct), 5084 (90 ct)

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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BENEFITS

- ✓ By drawing on the principles of Traditional Chinese Medicine, this formula supports the body's natural ability to adapt to stress and maintain harmony between the mind, body, and environment.*
- ✓ The adaptogenic nature of this product helps support the body's natural ability to adapt to stress and create resilience*
- ✓ Ingredients provide multi-system benefits including support for healthy immunity, energy, and cognition*



THE STORY BEHIND STRESS GUARDIAN



A few years ago, Matt our co-founder, was at an intense brain training retreat and midway through day 3, his brain was exhausted and he felt worn out.

Dr Drew Pierson, a neuroscientist and Dr. of Chinese Medicine, created a special concoction with 14 herbs and handed it to Matt. Within 20 minutes Matt felt rejuvenated. He asked Dr. Drew, "What is this?", to which Drew replied, "I call it Adapt + and it's designed to help you reboot. It provides resilience to stress."

Fast forward a few years and we're incredibly proud to bring to the world Stress Guardian, the ultimate adaptogen formula.

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