

# COGNIBIOTICS



Comprehensive cognitive support formula featuring nootropic herbs, prebiotic complex, and 10 probiotic strains providing 30 billion CFU per serving\*

#### FEATURES

 Proprietary probiotic blend containing 10 different species
designed to help support neurotransmitter pathways regulating mood and cognition\*

Combination includes Lactiplantibacil/us plantarum, Bifidobacterium breve, and Lacticaseibacillus rhamnosus for targeted brain support\*

- Inulin and XOS for a synergistic, prebiotic boost to help support probiotic colonization\*
- Proprietary combination of 17 Chinese herbs with antioxidant, immune supporting and nootropic activity\*

Botanical blend includes Rehmannia glutinosa root,
Schisandra chinensis fruit, Bupleurum chinense root, and
Paeonia lactiflora root for adaptogenic, mood-supporting, and neuroprotective effects\*



Gluten-free, vegan, soy-free formula

#### Supplement Facts Serving Size: 1 Capsule Servings Per Container: 30

	Amount Per Serving %DV
Proprietary Probiotic Blend	15 Billion CFU *
(L. casei, L. rhamnosus, B. animalis, B. breve, B. longum, L. reuteri, L. helveticus, L. plantarum, B. infantis, L. fermentum)	
Prebiotic Complex	130 mg *
(Organic Inulin, Xylooligosaccharides (XOS))	
Chinese Herbal Blend 140 mg * (Cristaria plicata (shell), Reynoutria multiflora (stem), Ligustrum loudom (fruit), Salvia militiorrhiza (root), Eclipta prostrata (herb), Cuscuta chinensis (seed), Albizia julibrissin (bard), Rehmanina glutinosa (root-raw), Schisandra chinensis (fruit), Acorus tatarinowi ((hizome), Bupleurum chinense (root), Paeonia lactiflora (root-wine-fried), Cyperus rotundus (rhizome-vinegared), Citrus auranium (fruit stir-fried), Ligusticum chuanxiong ((hizome), Glycyrrhiza uralensis (root), Citrus reticulata (peel))	
* Daily Value not established	

Other Ingredients: L-Leucine, silica, hypromellose (capsule)



**Directions:** Take 1 capsule upon waking on an empty stomach. Store in a cool/dry location.

Form: Veg Caps Available Sizes: 30 ct Item Codes: 5077



\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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#### BENEFITS

Helps support brain health and cognitive function including memory, focus, and overall mental performance and stamina\*

Helps support levels of vitamin B 12, vitamin K, and brain-derived neurotrophic factor (BDNF), which are all essential nutrients for proper brain function\*

- Helps support antioxidant pathways to maintain healthy brain cell growth and maturity\*
- Helps support immune function, and the body's normal inflammatory response\*
- Helps address the role stress may play in cognitive performance\*



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## THE STORY BEHIND COGNIBIOTICS



We created CogniBiotics to help improve brain health. There are many probiotics that have been shown in research to improve various aspects of brain health from: BDNF, dopamine, serotonin and more.

CogniBiotics is a unique blend of probiotics combined with a Chinese herb blend that has been used in China for thousands of years to boost mood.

In our lab, CogniBiotics has outperformed every other probiotic blend we've tested when it comes to dopamine production.

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