

**Sleep Breakthrough** is a powerful, melatonin-free, sleep support formula designed to help you fall asleep, stay asleep, and wake up feeling refreshed.† Sleep Breakthrough targets several areas involved in sleep, including melatonin and GABA pathways, to support a calm body and quiet mind.†

**Directions:** The recommended starting dose is two (2) scoops. Add 2 scoops of powder to 4 ounces of water, or as recommended by your healthcare practitioner. Dosing higher than 2 scoops may result in the opposite desired effect in some individuals. Results vary by individual and are dose dependent.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** Use only as directed. Keep out of reach of children. Do not use if imprinted seal under cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any other supplements or medications. Discontinue use if adverse effects occur.

Packaged by weight not volume. Settling of contents may occur. Clumping may occur in humid environments. Keep tightly capped and store in a cool, dry location.

To report a serious adverse event, or obtain product information, contact 1 (800) 719-2467 or visit [BiOptimizers.com](https://www.BiOptimizers.com).

Manufactured in the USA with domestic and foreign ingredients.

OPTIMIZED  
SLEEP SOLUTIONS†

NATURALLY  
FLAVORED **BiOptimizers**®



**SLEEP BREAKTHROUGH**

TROPICAL DREAMS

**MELATONIN FREE SLEEP SUPPORT†**

NET WT 7.7 oz (219.5 g) | 25 SERVINGS  
DIETARY SUPPLEMENT | VERSION 1.0



VEGAN



GLUTEN  
FREE



SOY  
FREE

**Supplement Facts**

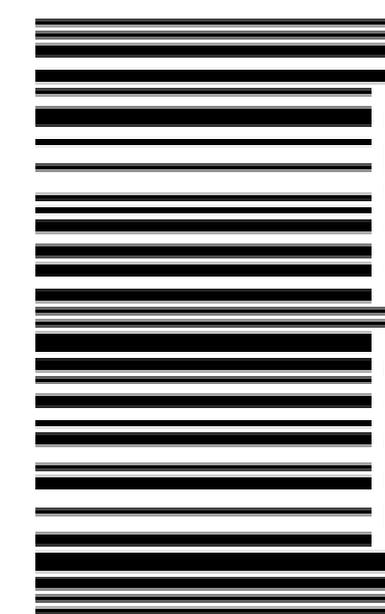
Serving Size 2 Scoops (8.78g)  
Servings Per Container 25

	Amount Per Serving	%DV
Calories	20	
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg	353%
Magnesium (from Magnesium Bisglycinate)	22 mg	5%
Zinc (from Zinc Picolinate)	6 mg	54%
Potassium (from Potassium Gluconate)	33 mg	<1%
Glycine	2.9 g	*
Taurine	2.4 g	*
Bamboo Leaf ( <i>Phyllostachys vividis</i> ) (Leaf Extract)	350 mg	*
L-Theanine	200 mg	*
Magnolia ( <i>Magnolia officinalis</i> ) (Bark Extract)	75 mg	*

\*Daily Value (DV) not established.

**Other ingredients:** Strawberry juice power, organic natural flavor, malic acid, calcium citrate, pineapple juice powder, thaumatin powder.

MANUFACTURED FOR BIOPTIMIZERS USA INC.,  
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